

Relationship is Everything!

Interpersonal neurobiology has taught us that we are constantly shaping one another's brains. This is especially true with children. This wisdom deepens our sensitivity towards children. When we conceptualize difficult behaviors as biologically driven "stress behaviors," we are better able to abandon punishment and reward in favor of more co-regulatory strategies. These strategies create safety on an emotional, sensory and nervous system level. Participate in clinical consultation that provides neurobiologically sensitive support for you, and the families with whom you work.

Children who survive early trauma or neglect often struggle with self-regulation and co-regulation and may not respond well to traditional therapeutic interventions. Parenting these children is much harder! We will seek to understand a child's behavior from a neurosequential perspective, from the bottom up, looking first to the nervous system, sensory processing and lower brain mediated functioning that influence how a child feels in their body and perceives their world. When these lower brain developmental needs are recognized and supported, the child's capacity for connection, empathy, and engagement can come more fully on line.



Join a Clinical Consultation Group

Photography by Katie Andelman



Robbyn facilitates an ongoing clinical consultation group meeting the 1st and 3rd Tuesday of the month 1:15 – 3:15. Cost is \$75 per meeting. Other times available based upon need.

CE credit is available for LPC and LCSW.

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